

July 2022



Experience Chautauqua with our Complimentary Activities!

sunday	monday	tuesday	wednesday	thursday	friday	saturday
			Mindfulness 9:30 AM Meet in Academic Hall		1 Guided Hike 7:00 AM Meet at Academic Hall	2
3 Gentle Flow Yoga* 8:00 AM Meet in Academic Hall Café Grand Opening 12:00 PM Chautauqua Café	4	5	6 Mindfulness 9:30 AM Meet in Academic Hall Game day 1:00 PM Picnic Shelter	7	8 Guided Hike 7:00 AM Meet at Academic Hall Guest Mixer 3:30 PM Meet in Academic Hall	9
10 Gentle Flow Yoga* 8:00 AM Meet in Academic Hall	11 Walking History Tour 10:00 AM Meet in Academic Hall	12	13 Mindfulness 9:30 AM Meet in Academic Hall	14 Forest Bathing* 8:30 AM Meet at Academic Hall	15 Guided Hike 7:00 AM Meet at Academic Hall Guest Mixer 3:30 PM Meet in Academic Hall	16
17 Gentle Flow Yoga* 8:00 AM Meet in Academic Hall	18 Walking History Tour 10:00 AM Meet in Academic Hall	19 Women's Art Talk 5:30 PM Community House	20 Mindfulness 9:30 AM Meet in Academic Hall	21	22 Guided Hike 7:00 AM Meet at Academic Hall Guest Mixer 3:30 PM Meet in Academic Hall	23
24 Gentle Flow Yoga* 8:00 AM Meet in Academic Hall <hr/> 31 Gentle Flow Yoga* 8:00 AM Meet in Academic Hall	25 Walking History Tour 10:00 AM Meet in Academic Hall	26	27 Mindfulness 9:30 AM Meet in Academic Hall	28	29	30

*Additional charge, see front desk to purchase